

## I. Essential to Resiliency: Humility

1. Dandelion leaves are low to the ground, which enables them to resist mowing and grazing.
2. We must stay lowly in mind if we wish to be resilient ([Jm. 4:6, 10](#); [1 Pt. 5:5-6](#)).
  - a. This includes with each other ([Rm. 12:3-5, 10](#)).
3. Humility is the mind of Christ that each of us must have ([Php. 2:1-8](#)).
  - a. We need to take Jesus at His Word ([Lk. 5:4-5](#)).
  - b. Remember who we are and whose we are ([1 Cor. 3:5-9](#)).

## II. Essential to Resiliency: Rooted

1. Dandelions have a strong taproot that drives deep into the soil.
  - a. This taproot can grow from six to twelve plus inches into the soil.
  - b. It acts as a pantry which stockpiles energy reserves which fuel spring regrowth and flowering.
  - c. Due to its length, the taproot can access water and minerals beyond the reach of shallow-rooted competitors.
  - d. Even small root fragments left in the soil can sprout new plants.
2. There is no greater root than Jesus Christ ([Col. 2:6-7](#)).
  - a. In Him are hid all the treasures of wisdom and knowledge ([Col. 2:3](#)).
  - b. There is danger in rooting ourselves in man's philosophy, vain deceit, and tradition ([Col. 2:8](#)).
  - c. Christ is our solid foundation that supports our growth ([1 Cor. 3:11](#); [Eph. 2:20-22](#)).
3. Our roots must go deep.
  - a. How? Our faith must be established ([Col. 2:7](#)).
  - b. How? Let our faith be tried and endure ([Jm. 1:2-4](#)).
  - c. How? Stay connected to God on a daily basis ([Ac. 17:11](#); [1 Th. 5:17](#)).
  - d. How? Stay connected to each other on a daily basis ([Heb. 3:12-13](#)).
  - e. How? Set our minds on the spiritual rather than the physical ([Col. 3:1-4](#)).

### III. Essential to Resiliency: Consistency

1. Dandelions are perennial plants, which means they come back year after year.
  - a. A single dandelion plant can live two to ten years depending on conditions and produce thousands of seeds.
  - b. Each spring this plant will go through the same growth process showing consistency.
  - c. This makes them highly resilient as they can overcome many challenges for years to come.
2. Paul went through a lot of perils for Christ yet he recovered ([2 Cor. 11:22-33](#)).
  - a. How? His strength was obtained through Christ ([2 Cor. 12:10](#); [Php. 4:13](#)).
  - b. Christ is consistent ([Jn. 8:29](#)).
3. Christianity is an endurance race and consistency is the key to finishing successfully.
  - a. It is possible to finish the race successfully ([2 Tim. 4:7-8](#)).
  - b. It requires self-control and mastery over the body ([1 Cor. 9:24-27](#)).
  - c. It requires laying aside anything that will slow us down and patience ([Heb. 12:1](#)).
  - d. It requires keeping our focus on Jesus ([Heb. 12:2-3](#)).